NAME:

Workshop 6, Week 14

Conscience

The Catechetical Institute

- 1. Explain what a conscience is.
- 2. What makes our conscience a "gift" rather than a burden?
- 3. What is a "well-formed" conscience?



4. Before we can help others form their consciences we must have well-formed consciences ourselves. What is one way we can start working toward an even more formed conscience this school year? Attending Holy Mass more regularly? Reading a spiritual book written by a great saint of the Church? Going to confession once a month? Praying every morning and evening somewhere with no distractions? Reading the Bible in the presence of the Lord once a week in the school chapel?